

The Fruit of the Spirit Pt. IV

Galatians 5:22-26

February 24, 2019 – Pastor Nick Neves

Fruit #1 – Love (ah-GAH-pay)

Fruit #2 – Joy (cah-RAH)

Fruit #3 – Peace (Ay-RAY-nay)

Fruit #4 – Patience (mak-roth-oo-MEE-ah)

Fruit #5 – Kindness (khray-STOW-tace)

Fruit #6 – Goodness (ag-ath-oh-SOO'-nay)

Fruit #7 – Faithfulness (PIS-tis)

Fruit #8 – Gentleness (prah-OOH-tace)

A gentle person is not a \_\_\_\_\_ person, he is a powerful person who will be careful not to let their strength damage another.

A gentle person is not a \_\_\_\_\_ person, but rather takes action in a *metered* and *measured* way. What we do is important to God. *how* we do it is also important to God.

Christian – express gentleness in your \_\_\_\_\_  
(see Proverbs 15:1, 1 Peter 3:15)

Christian – express gentleness as you exercise \_\_\_\_\_ over others  
(see 1 Peter 5:1-4, Ephesians 6:4)

Christian – express gentleness in your \_\_\_\_\_ to God's authority  
(see James 1:21)

Is gentleness the same as weakness? Not if we consider our greatest example of gentleness. (see 2 Corinthians 10:1, Matthew 11:29)

Fruit #9 – Self-control (en-KRAH-tay-ah)

This term is a combination of two Greek words:

1. Kratos – power, dominion.
2. En – a preposition meaning *within*.

Self-control refers to a power within, a power that makes it possible to have mastery over our personal desires. Remember – this power is not referring to something that is essentially \_\_\_\_\_.

Passages like 1 Timothy 4:6-8 encourage us to train ourselves for godliness. Practicing spiritual disciplines such as the ones listed below can be a helpful tool towards this kind of training.

- Fasting** – self-control over our \_\_\_\_\_
- Prayer** – self-control over what we \_\_\_\_\_ upon
- Silence** – self-control over what we say
- Reading** God's Word – self-control over what \_\_\_\_\_ we consume
- Service** – self-control over our tendency to be \_\_\_\_\_ - \_\_\_\_\_
- Meditation** – self-control over what we \_\_\_\_\_ about
- Sabbath** – self-control over \_\_\_\_\_ - \_\_\_\_\_
- Personal Scheduling** – self-control over the way we spend our \_\_\_\_\_